This esteemed work includes an unprecedented historical narrative of the forty saints of the renowned Naqshbandi Golden Chain, dating back to Prophet Muhammad in the early seventh century. With close personal ties to the most recent saints, the author has painstakingly compiled rare accounts of their miracles, disciplines, and how they have lent spiritual support throughout the world for fifteen centuries. In simple terms, the book outlines practical steps to develop stress, anger and time management, and to identify and prioritize what is truly important in life, all of which “awakens” the inner self to a higher dimension of spiritual consciousness. Traditional Islam and the Naqshbandi Sufi Tradition is a shining tribute to developing human relations at the highest level, and the power of spirituality to uplift humanity from its lower nature to that of spiritual triumph. Detailed life stories of the Masters of the Golden Chain Descriptions of the Qualifications for Mastery Over 200 pages about Naqshbandi Master Mawlana Shaykh Nazim Adil al-Haqqani Shariah citations in support of Tassawuf, Dhikr, Seclusion, Bayah, Salawat, etc.